**SAML (Security Assertion Markup Language)** is an XML-based standard that enables secure authentication and single sign-on (SSO) between identity providers (IdPs) and service providers (SPs) by passing identity data between them. [It allows users to sign in once and access multiple applications without re-entering credentials1](https://www.cloudflare.com/learning/access-management/what-is-saml/)[2](https://auth0.com/blog/how-saml-authentication-works/).

Here are **five free reference links** where you can learn more about SAML:

1. [**Pluralsight**: The course “Getting Started with SAML 2.0” provides insights into SSO using SAML, message types, and modern SAML implementations](https://www.cloudflare.com/learning/access-management/what-is-saml/)[3](https://www.pluralsight.com/courses/getting-started-saml-two).
2. [**Microsoft Learn**: Explore Microsoft’s article on SAML, which explains its benefits, use cases, and how it strengthens security measures](https://www.cloudflare.com/learning/access-management/what-is-saml/)[4](https://www.microsoft.com/en-us/security/business/security-101/what-is-security-assertion-markup-language-saml).
3. [**Auth0 Blog**: Auth0’s guide on “How SAML Authentication Works” delves into SAML basics, authentication flow, and configuring a SAML identity provider](https://www.cloudflare.com/learning/access-management/what-is-saml/)[2](https://auth0.com/blog/how-saml-authentication-works/).
4. [**SAML XML.org**: For detailed specifications, visit the SAML Specifications page, which covers assertions, protocols, bindings, and more](https://www.cloudflare.com/learning/access-management/what-is-saml/)[5](http://saml.xml.org/saml-specifications).
5. [**Okta Developer**: Understand SAML through Okta’s developer documentation, including terms, authentication flow, and common SAML use cases](https://www.cloudflare.com/learning/access-management/what-is-saml/)[6](https://developer.okta.com/docs/concepts/saml/).

Feel free to explore these resources to deepen your understanding of SAML! 🚀